

Holy Friction: Trust Beyond Your Understanding

5-Day Devotional

Monday – We Still Store Manna

Scripture Reading: Exodus 16:19-20

God told Israel to gather only what they needed for the day. Some gathered more anyway because fear whispered:

“What if God does not provide tomorrow?”

By morning it spoiled.

Fear often pushes us toward self-reliance.

Trust invites us into daily dependence.

Reflection

Where am I trying to control what God is asking me to trust Him with?

Tuesday – Lean Not

Scripture Reading: Proverbs 3:5-6

Our understanding is limited by:

- fear
- pain
- emotions
- past experiences

God sees what we cannot.

Trusting God does not mean we ignore reality.

It means we believe God’s wisdom is greater than our perspective.

Reflection

Where am I leaning more on my understanding than God’s truth?

Wednesday – Holy Friction

Scripture Reading: James 1:2-4

Friction reveals what is inside us.

Pressure often exposes:

- impatience
- fear
- pride
- lack of surrender

But God uses difficulty for formation.

Reflection

Could the tension I am experiencing actually be God shaping my trust?

Thursday – Wisdom or Folly

Scripture Reading: Ecclesiastes 2:13

Biblical folly is not lack of intelligence.

It is living apart from God's wisdom.

The world celebrates self-sufficiency.

The Kingdom calls us into surrender.

Reflection

What would choosing godly wisdom look like in my current situation?

Friday – Who Is Pouring Into You?

Scripture Reading: Proverbs 9:9

“Instruct the wise, and they will be even wiser.”

Spiritual growth was never meant to happen in isolation.

We all need:

- people who teach us
- people who encourage us
- people who challenge us toward Christ

Reflection

Who is helping shape my spiritual life?

And who am I helping grow?