

5-Day Devotional: Slow to Anger – Knowing the Great I AM

Each day includes a devotional thought, reflection question, space for journaling, and a personal prayer.

June 2: Who Do You Say I AM?

 *Scripture: Mark 8:29 — “But what about you?” he asked. “Who do you say I am?”*

We begin with Jesus’ probing question: “*Who do you say I am?*” It’s not merely a theological inquiry—it’s deeply personal. Our perception of God shapes how we respond to Him, to others, and even to ourselves.

God introduces Himself in **Exodus 34:6** as “**compassionate and gracious, slow to anger...**”—a revelation that demands reflection. The Great I AM is not distant or impulsive. He is relational, present, and remarkably patient.

 **Reflection Prompt:** What image comes to mind when you think of God? Do you see Him as patient and kind, or quick to anger?

 **Journal Space:** Write about how your experiences have shaped your view of God. How does knowing His patience impact your daily faith?

 **Prayer:** Lord, help me to know You as You truly are—not as others define You, but as You have revealed Yourself. Teach me to trust in Your patience and grace.

June 3: The Righteousness in God’s Anger

 *Scripture: Ephesians 4:26 — “In your anger do not sin...”*

Anger, when aligned with righteousness, can be holy. God’s anger is not like ours. It is never impulsive or selfish. It is His **resolute response to evil**, grounded in truth, not emotion.

While human anger often leads to harm, God’s anger is redemptive—it opposes sin because of His great love for us. His justice aims to restore, not to destroy.

 **Reflection Prompt:** When have you experienced anger? Was it rooted in love and justice, or in pride and frustration?

 **Journal Space:** Write about a moment when anger became an opportunity for growth. Ask God to show you where holy anger is needed in your life.

 **Prayer:** Righteous God, help me discern the difference between holy anger and harmful rage. Align my heart with Your justice and mercy.

June 4: Long of Nose – Long of Love

 *Scripture: Proverbs 19:11 — “Good sense makes one slow to anger, and it is his glory to overlook an offense.”*

In Hebrew, “slow to anger” literally means “*long of nose*.” It’s a metaphor for one who doesn’t flare up quickly—someone who holds steady under pressure. This poetic image teaches us that **patience is powerful**.

God is patient not because He’s indifferent, but because He is love. His delay in judgment is mercy extended. As recipients of this grace, we’re called to emulate it.

 **Reflection Prompt:** How quick are you to anger? Where is God calling you to grow in patience?

 **Journal Space:** Reflect on your triggers. Where do you need to invite God’s patience into your reactions?

 **Prayer:** Father, make me long of nose—slow to anger and quick to forgive. Help me reflect Your patient love in a reactive world.

June 5: The Dangerous Delay

 *Scripture: Romans 2:4 — “Do you show contempt for the riches of his kindness... not realizing that God’s kindness is intended to lead you to repentance?”*

God’s patience is not permission to sin—it’s an opportunity to repent. In Scripture, those who mistook His delay for approval, like Pharaoh and the Israelites at Sinai, found themselves facing judgment when patience ran out.

God’s long-suffering has a purpose: **our transformation**. Ignoring it leads to hardened hearts and missed opportunities. Responding to it leads to restoration.

 **Reflection Prompt:** Is there a sin you’ve been excusing, assuming God will overlook it? How might His patience be calling you to repentance today?

 **Journal Space:** Take time to confess. What is God calling you to change today? How will you respond to His kindness?

 **Prayer:** God, forgive me for taking Your mercy for granted. Thank You for waiting on me. Today, I turn toward You with a willing heart.

June 6: Be a Mirror of His Patience

 **Scripture:** *Colossians 3:12-13 — “Clothe yourselves with... patience. Bear with each other and forgive...”*

We are called to reflect God’s character. His patience with us is a model for how we treat others. In a culture of outrage, patience becomes a radical testimony of grace.

To be “slow to anger” is not weakness—it’s strength under control. It’s love that waits, listens, and forgives, even when it’s hard.

 **Reflection Prompt:** Who is God calling you to be patient with today? How can you show them the same grace He shows you?

 **Journal Space:** List names or situations where you need to extend grace. Pray over each one and ask God to fill you with His love.

 **Prayer:** Lord, help me to extend the same long-suffering love You offer me. Let my patience be a witness of Your character to a hurting world.